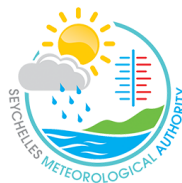


SEYCHELLES METEOROLOGICAL AUTHORITY

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**TIDE MOVEMENT****SMA/OPS/FM/034****Created by: R. Soy****Revision Number: 0
(New)****Page 1 of 1**

Date/Month	August 2026							
	Low Tide 1		Low Tide 2		High Tide 1		High Tide 2	
	Time	Height (m)	Time	Height (m)	Time	Height (m)	Time	Height (m)
01- Aug	00:28	0.4	12:02	0.6	06:15	1.4	18:15	1.7
02- Aug	00:48	0.4	12:37	0.6	06:47	1.5	18:47	1.6
03- Aug	01:07	0.4	13:17	0.6	07:21	1.6	19:18	1.5
04- Aug	01:29	0.5	14:02	0.7	07:58	1.6	19:49	1.4
05- Aug	01:54	0.5	14:58	0.7	08:40	1.6	20:21	1.3
06- Aug	02:24	0.5	16:19	0.8	09:30	1.6	20:58	1.1
07- Aug	03:00	0.5	18:00	0.8	10:34	1.6	21:59	1.0
08- Aug	03:48	0.6	20:10	0.8	12:10	1.6	**.**	*.*
09- Aug	05:38	0.7	21:20	0.7	01:05	0.9	13:46	1.7
10- Aug	07:45	0.7	22:02	0.5	02:46	1.0	14:51	1.7
11- Aug	08:59	0.6	22:36	0.5	03:45	1.1	15:44	1.8
12- Aug	10:00	0.5	23:07	0.4	04:31	1.3	16:30	1.8
13- Aug	10:51	0.5	23:38	0.4	05:11	1.4	17:11	1.8
14- Aug	11:38	0.4	**.**	*.*	05:47	1.6	17:47	1.8
15- Aug	00:08	0.4	12:21	0.5	06:21	1.7	18:19	1.7
16- Aug	00:37	0.4	13:02	0.5	06:55	1.7	18:49	1.6
17- Aug	01:07	0.4	13:42	0.6	07:30	1.7	19:18	1.5
18- Aug	01:35	0.5	14:22	0.7	08:04	1.7	19:45	1.3
19- Aug	02:03	0.5	15:06	0.8	08:40	1.6	20:11	1.2
20- Aug	02:27	0.6	16:00	0.9	09:23	1.5	20:37	1.1
21- Aug	02:40	0.7	19:03	0.9	10:34	1.4	21:06	1.0
22- Aug	02:46	0.8	20:56	0.9	12:12	1.4	**.**	*.*
23- Aug	03:08	0.9	21:33	0.8	01:20	1.0	13:36	1.4
24- Aug	07:50	0.9	21:58	0.7	03:28	1.0	14:39	1.5
25- Aug	09:01	0.8	22:20	0.6	03:55	1.1	15:23	1.6
26- Aug	09:44	0.8	22:44	0.6	04:17	1.2	15:56	1.6
27- Aug	10:21	0.7	23:06	0.5	04:32	1.3	16:24	1.7
28- Aug	10:54	0.6	23:28	0.5	04:51	1.5	16:51	1.7
29- Aug	11:25	0.6	23:45	0.5	05:16	1.6	17:21	1.7
30- Aug	11:55	0.5	**.**	*.*	05:46	1.7	17:51	1.7
31- Aug	00:02	0.5	12:28	0.5	06:17	1.8	18:22	1.6