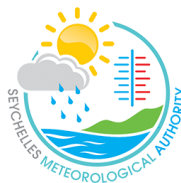


**SEYCHELLES METEOROLOGICAL AUTHORITY**

Seychelles International Airport  
 P.O. Box 1604, Victoria, Mahé, Republic of Seychelles  
 Telephone: (248) 4670700/701 Fax: (248) 4372807  
 E-mail: [info@meteo.sc](mailto:info@meteo.sc) Web: [www.meteo.sc](http://www.meteo.sc)

**TIDE MOVEMENT****SMA/OPS/FM/034****Created by: R. Soy****Revision Number: 0  
(New)****Page 1 of 1**

Date/Month	June 2026							
	Low Tide 1		Low Tide 2		High Tide 1		High Tide 2	
	Time	Height (m)	Time	Height (m)	Time	Height (m)	Time	Height (m)
01- June	10:38	0.6	**.**	*.*	05:10	1.1	17:13	1.7
02- June	00:13	0.5	11:08	0.6	05:41	1.1	17:42	1.7
03- June	00:46	0.5	11:37	0.6	06:15	1.1	18:14	1.7
04- June	01:20	0.5	12:10	0.6	06:53	1.1	18:50	1.6
05- June	01:57	0.5	12:50	0.7	07:34	1.1	19:28	1.6
06- June	02:36	0.6	13:38	0.8	08:22	1.1	20:10	1.5
07- June	03:18	0.6	14:45	0.8	09:20	1.2	20:57	1.4
08- June	04:03	0.6	16:15	0.8	10:29	1.2	21:52	1.3
09- June	04:51	0.6	17:43	0.8	11:37	1.3	22:59	1.2
10- June	05:41	0.6	19:07	0.8	12:37	1.5	**.**	*.*
11- June	06:32	0.6	20:20	0.6	00:20	1.1	13:32	1.6
12- June	07:23	0.5	21:19	0.5	01:36	1.1	14:22	1.7
13- June	08:15	0.5	22:10	0.4	02:40	1.0	15:09	1.8
14- June	09:05	0.4	22:56	0.4	03:36	1.0	15:55	1.9
15- June	09:55	0.4	23:39	0.3	04:28	1.1	16:39	1.9
16- June	10:46	0.4	**.**	*.*	05:17	1.1	17:23	1.9
17- June	00:21	0.3	11:38	0.4	06:05	1.2	18:06	1.9
18- June	01:03	0.3	12:30	0.5	06:54	1.2	18:50	1.8
19- June	01:45	0.4	13:26	0.6	07:45	1.3	19:36	1.7
20- June	02:26	0.4	14:26	0.6	08:38	1.3	20:23	1.5
21- June	03:09	0.5	15:36	0.7	09:35	1.4	21:14	1.3
22- June	03:53	0.5	16:56	0.8	10:36	1.4	22:11	1.2
23- June	04:40	0.6	18:20	0.8	11:40	1.4	23:15	1.1
24- June	05:32	0.6	19:47	0.8	12:44	1.5	**.**	*.*
25- June	06:29	0.6	21:00	0.7	00:30	1.0	13:43	1.5
26- June	07:06	0.6	21:50	0.6	01:54	0.9	14:34	1.5
27- June	08:19	0.6	22:30	0.5	03:04	1.0	15:18	1.6
28- June	09:06	0.6	23:04	0.5	03:55	1.0	15:56	1.6
29- June	09:47	0.6	23:34	0.4	04:35	1.0	16:30	1.6
30- June	10:25	0.6	**.**	*.*	05:07	1.0	17:00	1.7