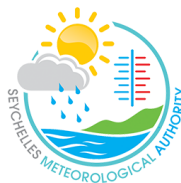


SEYCHELLES METEOROLOGICAL AUTHORITY

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E-mail: info@meteo.sc Web: www.meteo.sc**TIDE MOVEMENT****SMA/OPS/FM/034****Created by: R. Soy****Revision Number: 0
(New)****Page 1 of 1**

Date/Month	December 2025							
	Low Tide 1		Low Tide 2		High Tide 1		High Tide 2	
	Time	Height (m)	Time	Height (m)	Time	Height (m)	Time	Height (m)
01-Dec	07:58	0.7	19:13	0.5	01:20	1.5	13:25	1.1
02-Dec	08:58	0.6	20:03	0.5	02:10	1.7	14:26	1.1
03-Dec	09:49	0.5	20:50	0.4	02:55	1.8	15:19	1.1
04-Dec	10:35	0.3	21:37	0.4	03:39	1.9	16:08	1.1
05-Dec	11:18	0.3	22:24	0.4	04:21	2.0	16:55	1.1
06-Dec	12:00	0.2	23:11	0.4	05:02	2.0	17:42	1.2
07-Dec	12:43	0.3	23:59	0.4	05:44	2.0	18:29	1.2
08-Dec	13:25	0.3	**.*	*.*	06:26	1.9	19:18	1.2
09-Dec	00:50	0.5	14:09	0.4	07:10	1.7	20:11	1.2
10-Dec	01:46	0.6	14:53	0.4	07:57	1.6	21:10	1.3
11-Dec	02:52	0.7	15:39	0.5	08:48	1.4	22:17	1.3
12-Dec	04:17	0.8	16:29	0.6	09:45	1.3	23:29	1.4
13-Dec	05:51	0.8	17:23	0.6	10:53	1.1	**.*	*.*
14-Dec	07:25	0.8	18:18	0.6	00:38	1.4	12:13	1.0
15-Dec	08:39	0.7	19:11	0.6	01:35	1.5	13:39	1.0
16-Dec	09:29	0.6	20:00	0.6	02:21	1.5	14:42	1.0
17-Dec	10:08	0.5	20:44	0.6	03:01	1.6	15:30	1.0
18-Dec	10:42	0.5	21:23	0.6	03:36	1.6	16:08	1.0
19-Dec	11:12	0.4	21:58	0.6	04:08	1.7	16:41	1.0
20-Dec	11:42	0.4	22:30	0.6	04:37	1.7	17:13	1.1
21-Dec	12:12	0.4	23:01	0.6	05:07	1.7	17:46	1.1
22-Dec	12:43	0.4	23:36	0.6	05:40	1.7	18:21	1.1
23-Dec	13:15	0.4	**.*	*.*	06:15	1.7	18:58	1.2
24-Dec	00:16	0.6	13:49	0.4	06:51	1.7	19:38	1.2
25-Dec	01:02	0.7	14:22	0.5	07:29	1.6	20:21	1.3
26-Dec	01:56	0.7	14:58	0.5	08:08	1.5	21:11	1.3
27-Dec	03:05	0.8	15:37	0.5	08:52	1.4	22:11	1.4
28-Dec	04:31	0.8	16:23	0.6	09:44	1.2	23:24	1.5
29-Dec	06:01	0.8	17:19	0.6	10:54	1.1	**.*	*.*
30-Dec	07:34	0.7	18:24	0.6	00:38	1.6	12:38	1.0
31-Dec	08:50	0.6	19:28	0.5	01:41	1.7	14:10	1.0