

SEYCHELLES METEOROLOGICAL AUTHORITY

Seychelles International Airport

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SEASONAL FORECAST BULLETIN

SMA/CLI/FM/010

Created by : T. Nomenjanahary

Revision Number : 0(NEW)

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SEASONAL FORECAST FOR SEPTEMBER – OCTOBER - NOVEMBER 2025

1. Prevailing global climate conditions

1.1.The El Niño–Southern Oscillation (ENSO)

The El Niño–Southern Oscillation (ENSO) is in a neutral phase. Equatorial sea surface temperatures (SSTs) are near average. A short-lived La Niña is favored from SON (September–November) through NDJ (November–January). A transition back to ENSO-neutral conditions is anticipated during JFM (January–March) 2026. (see *Figure 1*)

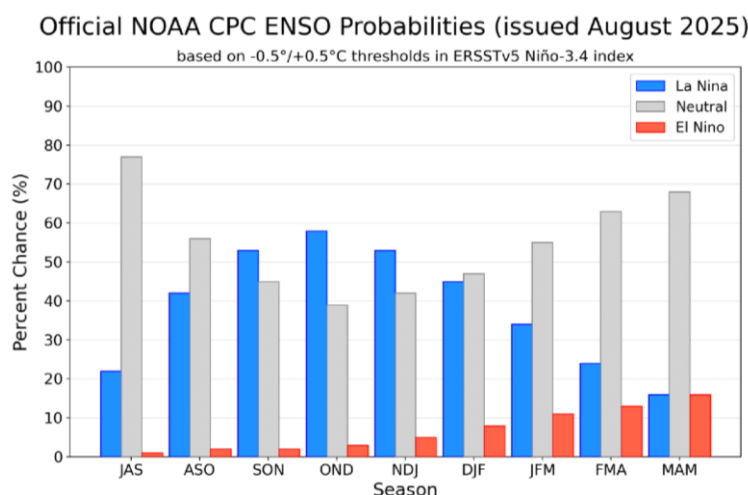


Figure 1: Forecasted Nino 3.4 Index (Source: Official NOAA CPC)

1.2.The Indian Ocean Dipole (IOD)

The Indian Ocean Dipole (IOD) is currently neutral. A negative IOD is forecasted during SON (September–November), with conditions expected to return to neutral in early summer. (see *Figure 2*)

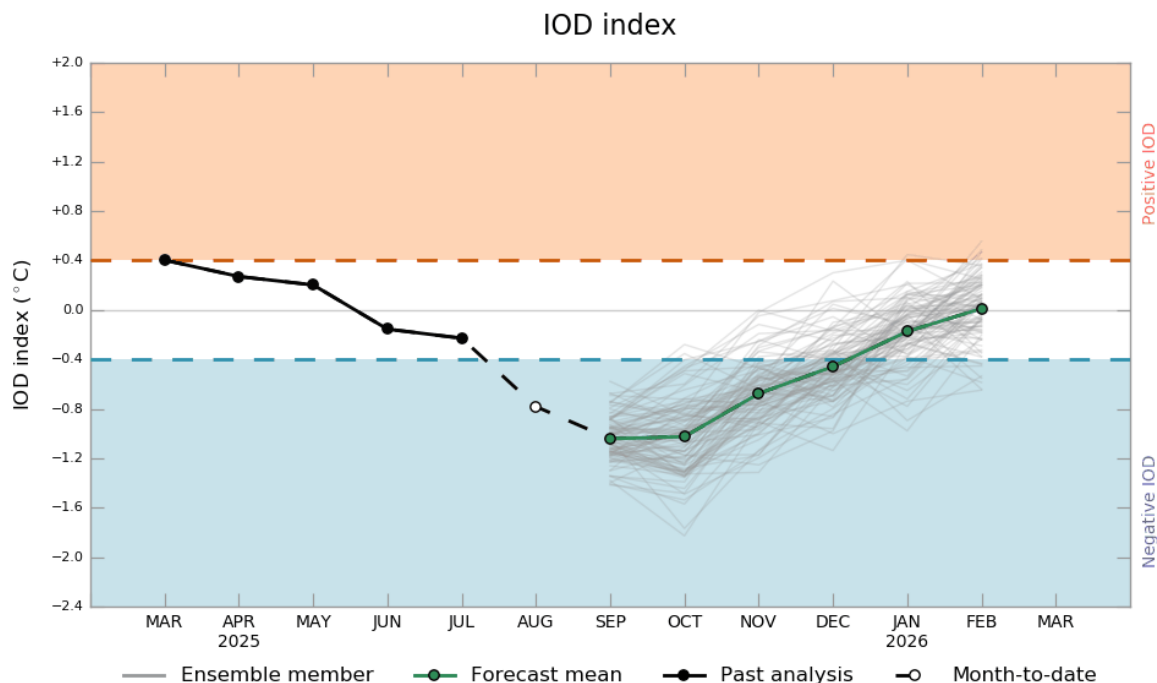


Figure 2: Observed and forecasted IOD Index (Source: BoM)

2. Seasonal forecast for September-October-November 2025

For September-October-November 2025, normal rainfall with increased chances of below-normal rainfall is expected over Mahe, Praslin and La Digue. (see Figure 3)

Mean temperatures for the September-October-November 2025 is forecasted to be within the normal to above-normal range over Mahe. Mean temperatures are expected to be 27.4°C under the anticipated conditions.

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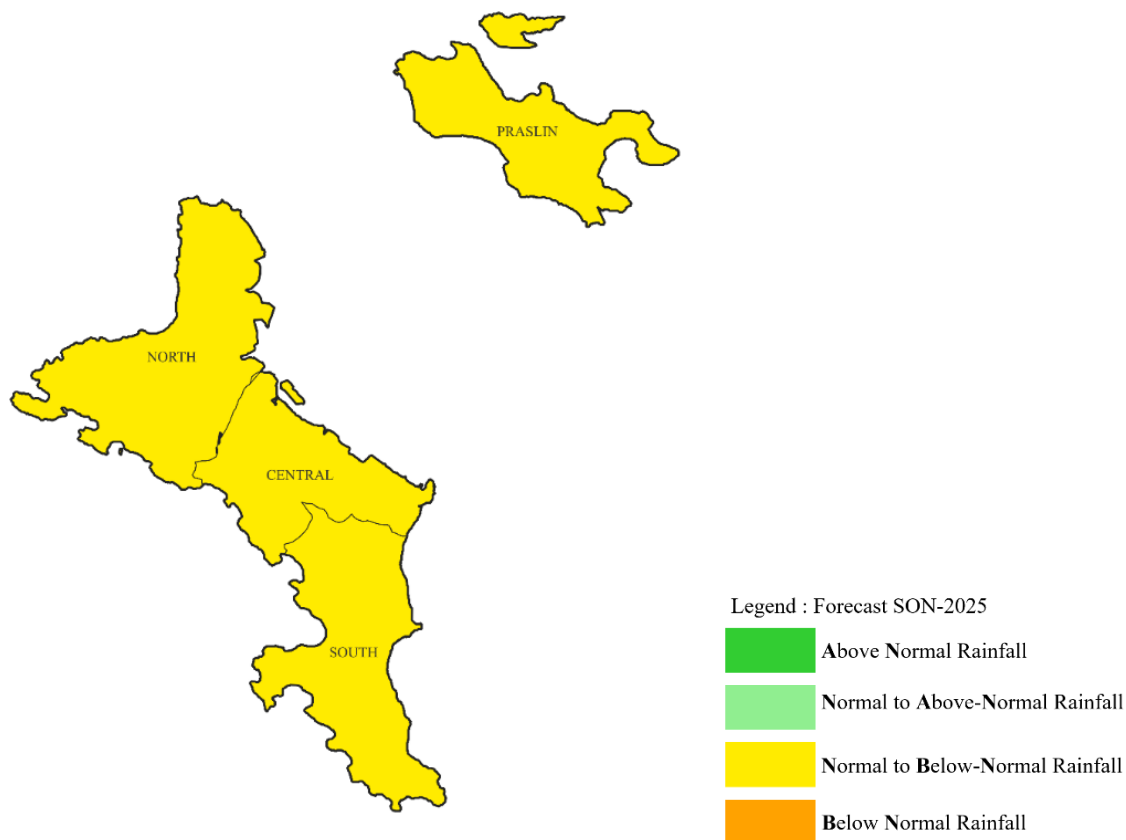
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Figure 3: Rainfall Forecast for September-October-November 2025

The table below gives a summary of climatological statistics for September-October-November based on the expected conditions.

	North	Central	South	Praslin
Average SON rainfall (mm)	[445.3 - 648.7]	[437.6 - 680.8]	[307.1 - 490.1]	[247.2 - 427.8]
Number of Rainy days* (days)	[36 - 45]	[38 - 47]	[32 - 36]	[22 - 29]
Number of days when Rainfall > 10mm (days)	[13 - 17]	[12 - 18]	[9 - 13]	[7 - 12]

* Note: A rainy day is defined as a day on which the recorded rainfall exceeds 1 mm.

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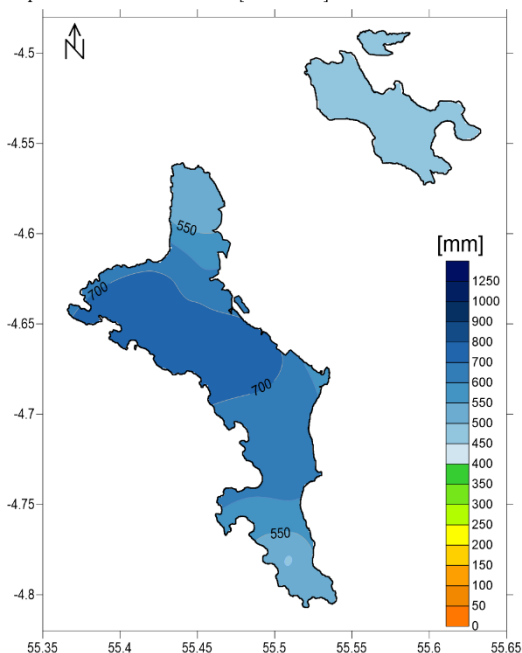
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3. Climatology of September-October-November 2025

September-October-November [1991-2020]



The map illustrates the spatial distribution of rainfall across Mahe and Praslin for the September to November (1991-2020). Rainfall is measured in millimeters (mm) and represented using a color gradient, where dark blue indicates higher rainfall amounts and orange represents lower values.

About two-thirds of western Mahe and half of eastern Mahe received up to 700 mm of rainfall. The northernmost and southernmost parts of Mahe, together with Praslin and La Digue, typically receive less than 550 mm. Elsewhere, rainfall generally ranges from 550 to 700 mm

Figure 4: Climatology of September-October-November rainfall (1991-2020)

NOTE: This Outlook applies specifically to seasonal timescales (three-month overlapping periods) and may not fully capture intra-seasonal (month-to-month) variations. Therefore, it is highly recommended to use this seasonal forecast alongside the daily and weekly forecasts provided by the Seychelles Meteorological Authority.

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