

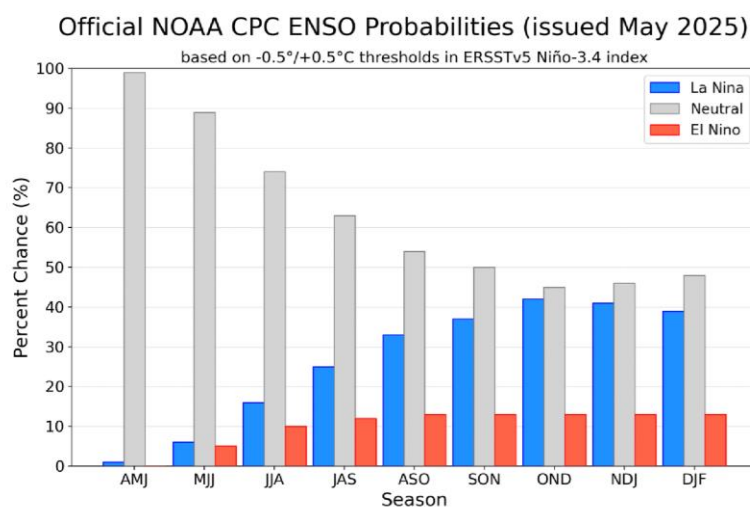


## SEASONAL CLIMATE OUTLOOK FOR JUNE – JULY- AUGUST 2025

### 1. Prevailing global climate conditions

#### 1.1 The El Niño–Southern Oscillation (ENSO)

The El Niño–Southern Oscillation (ENSO) is in a neutral phase. Sea-surface temperature anomalies across the Niño regions are near average ( $-0.10^{\circ}\text{C}$ ). The likelihood of continued ENSO-neutral conditions is 74 % for June–July–August 2025, with probabilities remaining above 50 % for August–September–October 2025. (see *Figure 1*)



*Figure 1: Forecasted Nino 3.4 Index (Source: Official NOAA CPC)*

#### 1.2 The Indian Ocean Dipole (IOD)

The Indian Ocean Dipole (IOD) is neutral and is predicted to remain in a neutral state until at least July 2025. (see *Figure 2*)

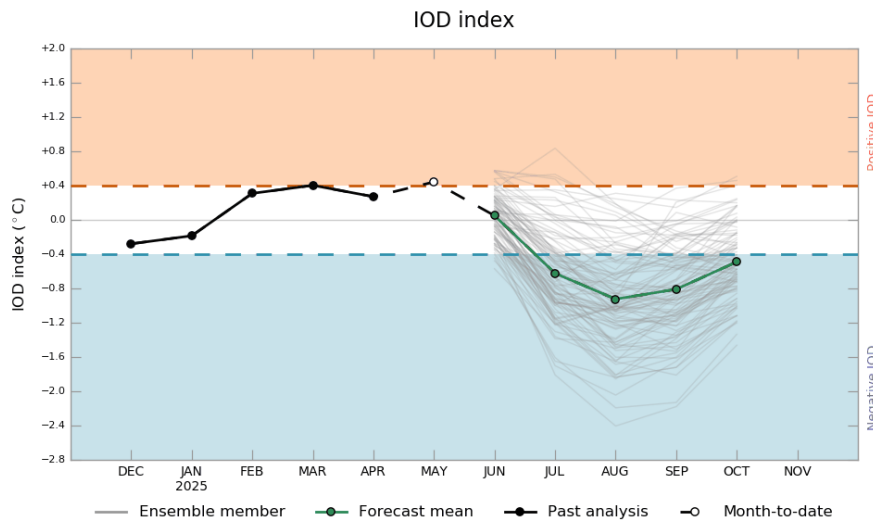
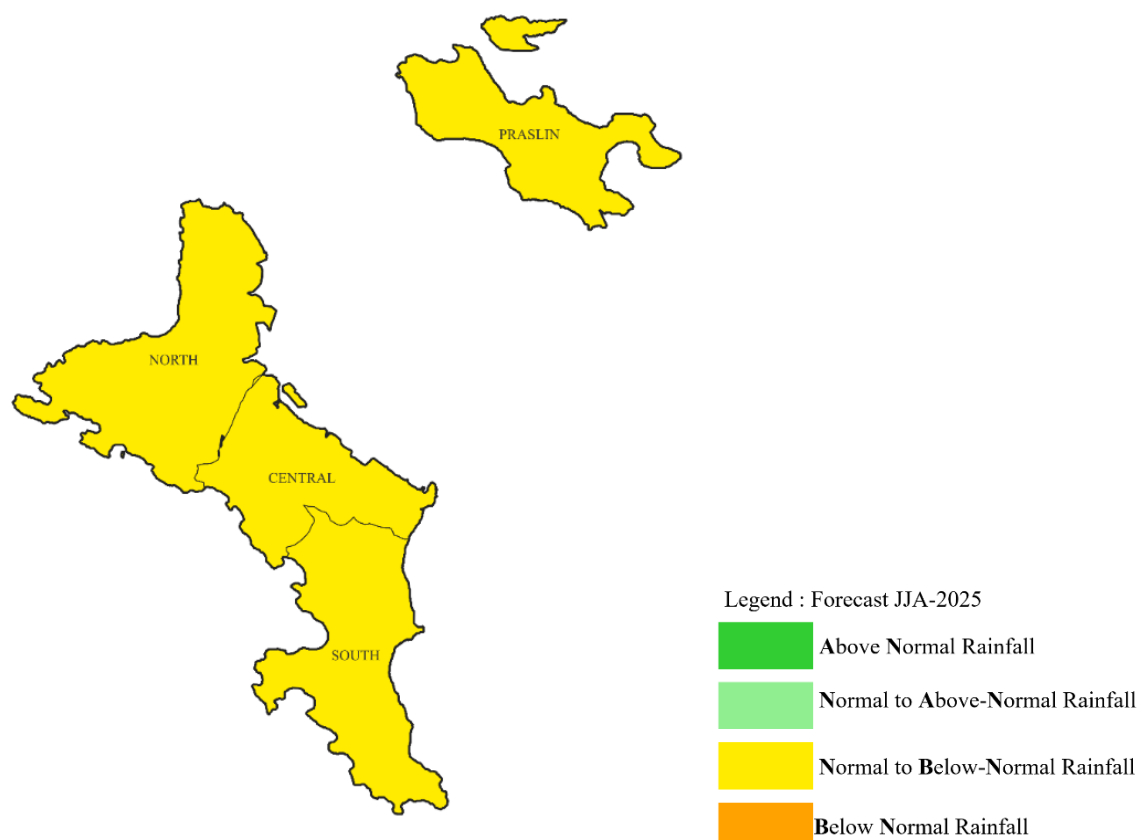


Figure 2: Observed and Forecasted IOD Index (Source: BoM)

2. Seasonal Climate Outlook for June-July-August 2025

For June-July-August 2025, Normal rainfall with increased chances of below-normal rainfall is expected over Mahe, Praslin and La Digue. (see Figure 3)

Mean temperatures for the June–July–August 2025 period are likely to be near to above normal across the region. Based on the expected conditions, mean temperatures are expected to range between 26.7°C and 27.0°C.



*Figure 3: Rainfall Forecast for June-July-August 2025*

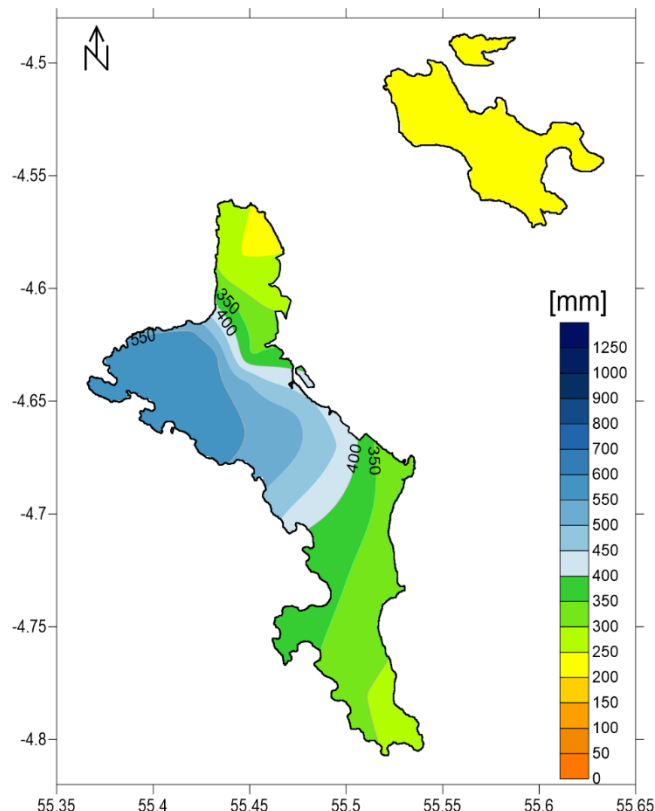
The table below gives a summary of climatological statistics for June-July-August based on the expected conditions.

	North	Central	South	Praslin
Average JJA rainfall (mm)	[235.6 - 375.9]	[226.1 - 356.7]	[161 - 281.8]	[109.4 - 163]
Number of Rainy days (days)	[42 - 51]	[41 - 46]	[33 - 37]	[21 - 27]
Number of days when Rainfall >10mm (days)	[6 - 11]	[5 - 10]	[3 - 7]	[3 - 5]



### 3. Climatology of June-July-August

June-July-August [1991-2020]



The map illustrates the spatial distribution of rainfall in the Seychelles for the June to August period from 1991 to 2020. Rainfall is measured in millimeters (mm) and represented using a color gradient, where dark blue indicates higher rainfall amounts and orange represents lower values.

Most eastern, central, and western parts of Mahe receive 400–600 mm of rain. The amount observed at the island's northern and southern tips falls below 350 mm. Meanwhile, Praslin and La Digue receive only 200–250 mm.

*Figure 4: Climatology of June-July-August rainfall (1991-2020)*

**NOTE:** This Outlook applies specifically to seasonal timescales (three-month overlapping periods) and may not fully capture intra-seasonal (month-to-month) variations. Therefore, it is highly recommended to use this seasonal forecast alongside the daily and weekly forecasts provided by the Seychelles Meteorological Authority.

**SEYCHELLES METEOROLOGICAL AUTHORITY**

P.O Box 1604, Victoria, Mahe, Seychelles

Tel: +248 4670700 /711/718 Fax: +248 4372806

Email: [info@meteo.sc](mailto:info@meteo.sc)

Web: [www.meteo.sc](http://www.meteo.sc)