

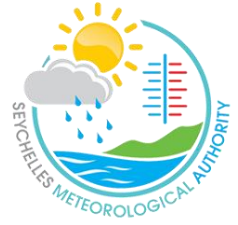


## SEYCHELLES METEOROLOGICAL AUTHORITY

P.O Box 1604, Victoria, Mahe, Seychelles

Tel: +248 4670700 /710/711/718 Fax: +248 4372806

Email: [info@meteo.gov.sc](mailto:info@meteo.gov.sc) Web: [www.meteo.sc](http://www.meteo.sc)

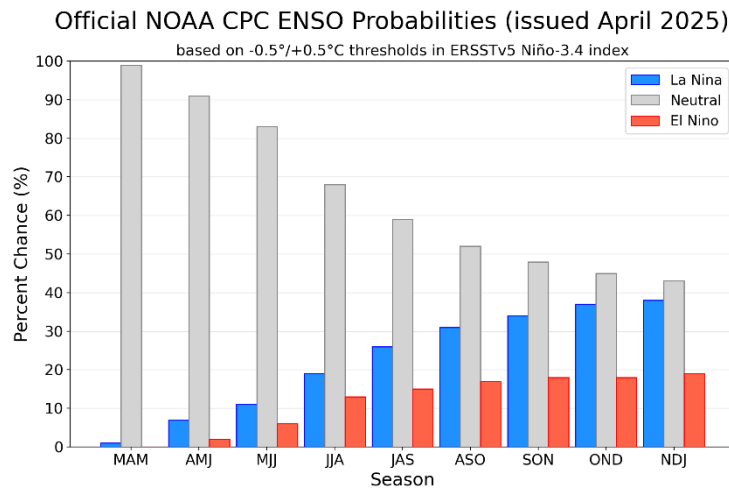


## SEASONAL CLIMATE OUTLOOK FOR MAY – JUNE – JULY 2025

### 1. Prevailing global climate conditions

#### 1.1 The El Niño–Southern Oscillation (ENSO)

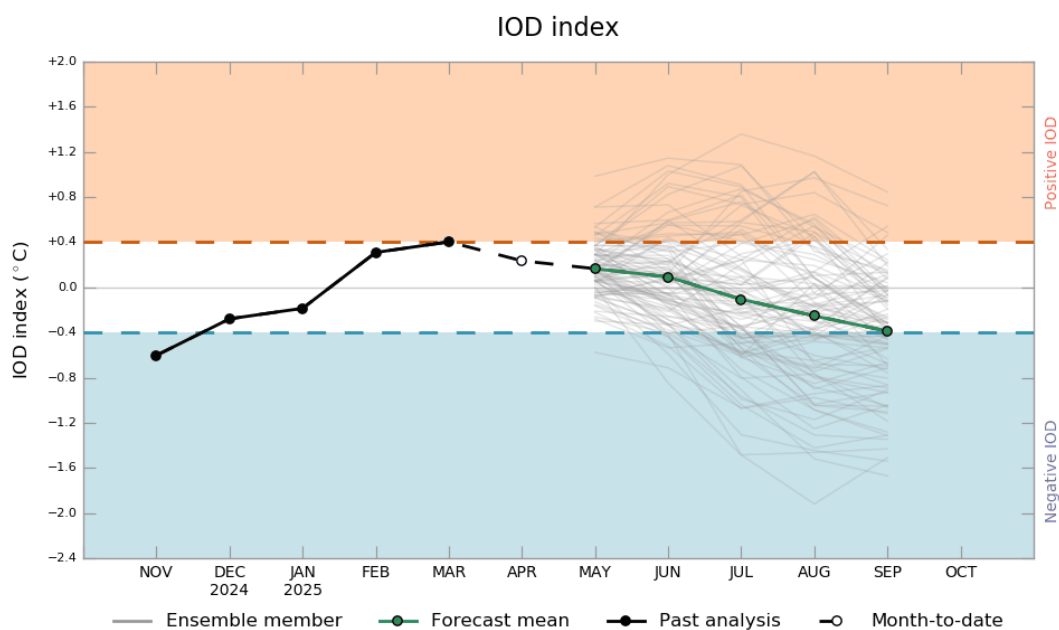
Recent sea surface temperature patterns across the equatorial Pacific indicate that the El Niño–Southern Oscillation (ENSO) has transitioned into a neutral phase as of mid-April 2025. Forecast models suggest that these neutral conditions are likely to persist throughout the May–June–July period and may extend into the August–October 2025 season, with probabilities exceeding 50%. (see *Figure 1*)



*Figure 1: Forecasted Nino 3.4 Index (Source: Official NOAA CPC)*

#### 1.1 The Indian Ocean Dipole (IOD)

The Indian Ocean Dipole (IOD) remains in a neutral phase and is expected to persist in this state at least through August 2025. (see *Figure 2*)

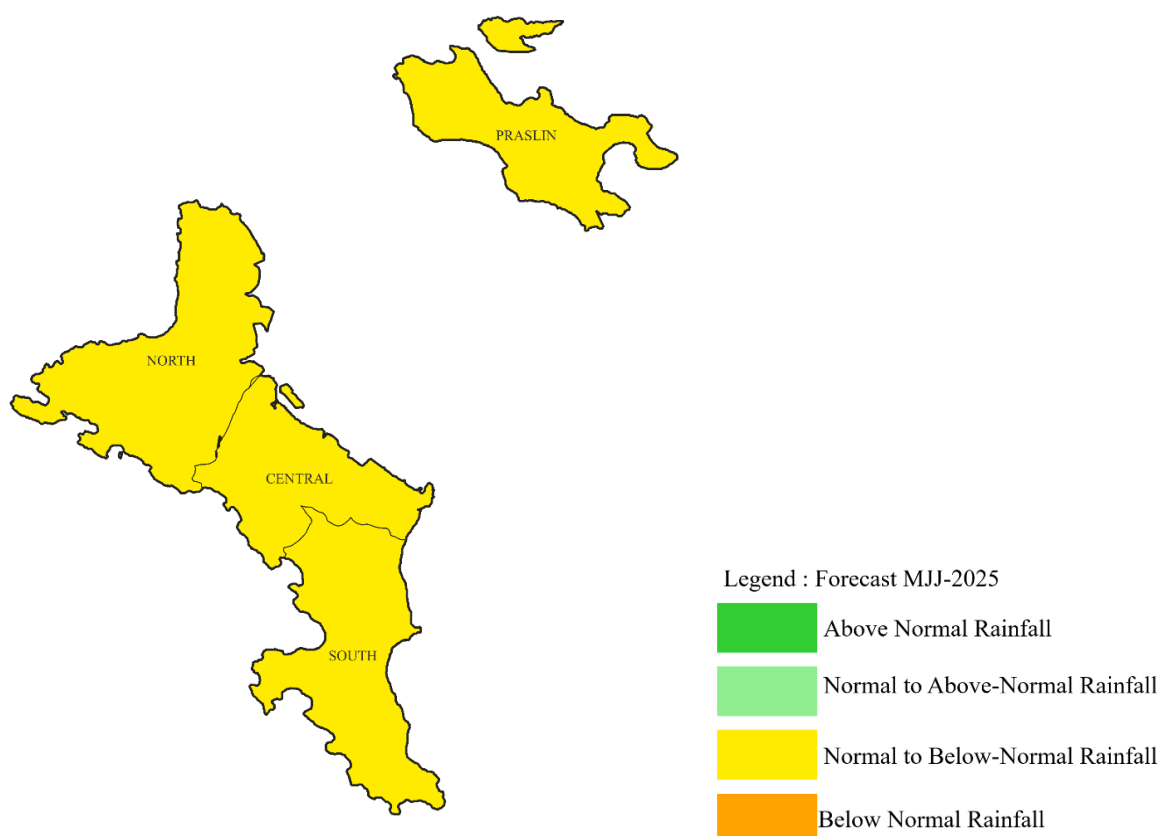


*Figure 2: Observed and Forecasted IOD Index (Source: BoM)*

## 2. Seasonal Climate Outlook for May-June-July 2025

For the May–June–July 2025, Normal rainfall with increased chances of below-normal rainfall is expected over Mahe, Praslin and La Digue. (*see Figure 3*)

On the other hand, the average temperatures are forecasted to remain above normal for the upcoming quarter (May-June-July 2025).



*Figure 3: Rainfall Forecast for May-June-July 2025*

The table below gives a summary of climatological statistics for the May-June-July based on the expected conditions.

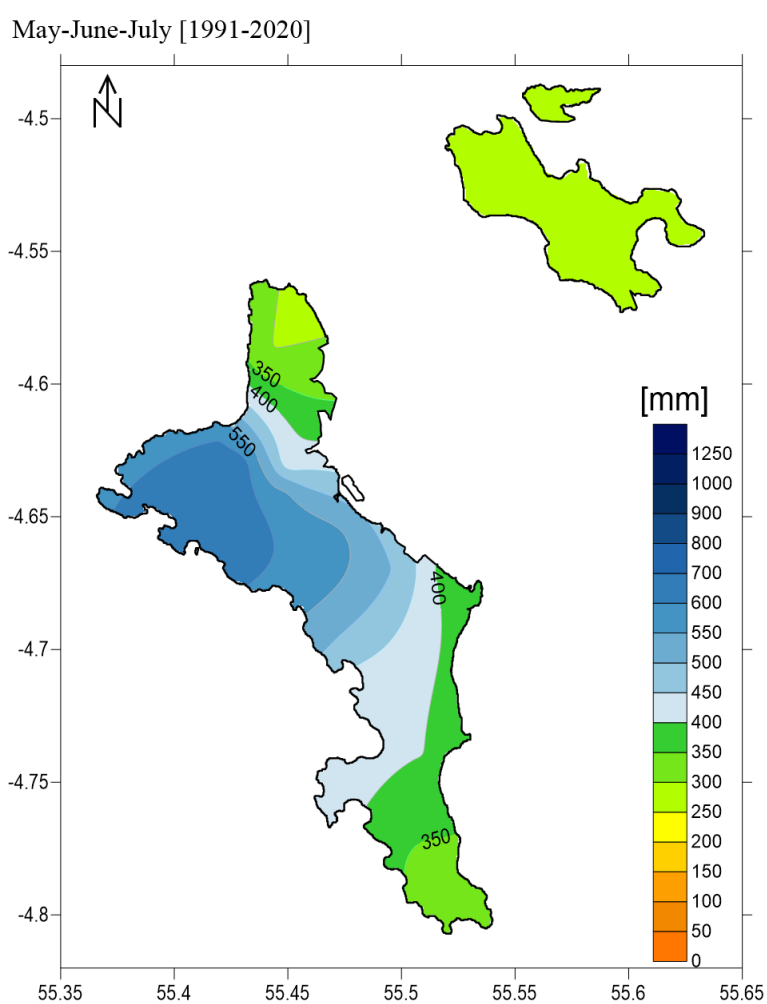
	North	Central	South	Praslin
Average MJJ rainfall ( <i>mm</i> )	[264.6 - 455.7]	[250.8 - 411.8]	[202.4 - 326.4]	[128.8 - 273.2]
Number of Rainy days ( <i>days</i> )	[39 - 51]	[37 - 49]	[30 - 42]	[21 - 29]
Number of days when Rainfall >10mm ( <i>days</i> )	[8 -14]	[7 - 11]	[5 -8]	[4 - 7]

### 3. Climatology of May-June-July

The map illustrates the spatial distribution of rainfall in the Seychelles for the April to June period from 1991 to 2020. Rainfall is measured in millimeters (mm) and represented using a color gradient, where dark blue indicates higher rainfall amounts and orange represents lower values.

Seasonal rainfall over Mahe typically ranges between 400 mm and 600 mm across the central, eastern, and western regions. In contrast, the northern and southern extremities of the island receive lower amounts, generally below 400 mm. A gradient of decreasing rainfall is observed moving away from the western region toward both the north and south.

Meanwhile, Praslin and La Digue experience lower seasonal rainfall totals, with amounts typically ranging between 300 mm and 350 mm.



*Figure 4: Climatology of May-June-July rainfall (1991-2020)*

**NOTE:** This Outlook applies specifically to seasonal timescales (three-month overlapping periods) and may not fully capture intra-seasonal (month-to-month) variations. Therefore, it is highly recommended to use this seasonal forecast alongside the daily and weekly forecasts provided by the Seychelles Meteorological Authority.